



## **WIRU CUP 2026**

### Inter-club Figure Skating Competition

**January 24-25, 2026**  
**in Kohtla-Järve, Estonia**

## **Technical Data Details**

**Organized by:**  
Ice-Way Skating Club and supported by Estonian Skating Union

**Place of the competition:**  
Kohtla-Järve Ice rink (Kohtla-Järve jäähall),  
address: [Spordi 4, Kohtla-Järve, Estonia](http://Spordi 4, Kohtla-Järve, Estonia)



## Additional Information:

- Any skater who has not met the lower age limit (is younger) of the category, but their skills meet the technical requirements of the category can be allowed to skate in higher category.
- Any protests can be filed in accordance to ISU Rule 123. Protest fee of 50 EUR or other convertible currency to the same value must be deposited with the Referee. The protest must be submitted to the Referee of the event in writing. In case the Referee cannot be reached, the protest can be submitted to the Competition Office. All protests must be submitted no later than 24h after the announcement of the segment results.
- No protests against evaluations by Referees, Judges and the Technical Panel (Technical Controller, Technical Specialists) of Skaters' performances are allowed. Protests against results are permitted only in the case of incorrect mathematical calculation. A wrong identification of an element or of a level of difficulty, although it results in a lower or higher score is not an incorrect mathematical calculation.

## Single Skating A class

### **Senior Men/Women**

According to latest ISU rules and communications

**Short Program. Duration: 2 min., 40 sec. +/- 10 sec.**

The required elements to be skated are those listed in the [ISU Technical Rules Single & Pair Skating 2024 Rule 611, paragraphs 1 and 3 for 2025/26.](#)

**Free Skating. Duration: 4 min. +/- 10 sec.**

- In accordance with ISU Technical Rules Single & Pair Skating 2024, Rule 612 and the respective ISU Communication. Special attention should be paid to the "well-balanced program" and the element value.

### **Junior Men/Women**

According to latest ISU rules and communications

**Short Program. Duration: 2 min., 40 sec. +/- 10 sec**

The required elements to be skated are those listed in the [ISU Technical Rules Single & Pair Skating 2024 Rule 611, paragraphs 1 and 3 for 2025/26.](#)

**Free Skating. Duration: 3 min., 30sec. +/- 10 sec.**

In accordance with ISU Technical Rules Single & Pair Skating 2024, Rule 612 and the respective ISU Communication. Special attention should be paid to the "well-balanced program" and the element value.

### **Advanced Novice Boys /Girls**

**Short Program. Duration: 2 min., 20 sec. +/- 10 sec**

**Free Skating. Duration: 3 min. +/- 10 sec.**

**Age Restrictions: has reached the age of ten (10) and has not reached the age of sixteen**  
ISU Technical Rules Single & Pair Skating, [ISU Communication 2699](#)



## Intermediate Novice

**Free Skating only. Duration: 3 min. +/- 10 sec.**

**Age Restrictions: has not reached the age of sixteen (16)**

ISU Technical Rules Single & Pair Skating, [ISU Communication 2699](#)

## Basic Novice

**Free Skating only. Duration: 2 min. 30 sec +/- 10 sec.**

**Age Restrictions: has not reached the age of fourteen (14)**

ISU Technical Rules Single & Pair Skating, [ISU Communication 2699](#)

## Cubs A

[Estonian \(EUL\) technical requirements for season 2025/2026.](#)

**Free Skating only. Duration: 2 min. 30 sec +/- 10 sec.**

**Age Restrictions: Born in 2014 or 2015**

A well-balanced Free Skating program must contain: 7 elements in total

### 1. maximum four (4) jump elements:

1.1. One (1) Axel type jump

1.2 maximum two (2) jump combinations or one jump combination and one jump sequence.

Combinations and sequences may consist of only two (2) jumps. In a jump sequence, the second jump must be an Axel type jump.

### 2. maximum two (2) spins of different nature:

2.1 One (1) spin combination with change of foot (minimum of eight (8) revolutions in total) or without change of foot (minimum of six (6) revolutions). Flying entry is not allowed.

2.2 One (1) spin with no change of position and with (minimum of eight (8) revolutions) or without change of foot (minimum of six (6) revolutions). If with change of foot, only one level feature per foot will count. Flying entry is allowed.

3. one (1) Step Sequence covering the full ice surface, with at least one skating movement such as spiral, spread eagle, Ina Bauer, hydroblading etc. If the skating movement is missing, no Level will be given. At least 2 difficult turns and steps must be executed on clean edges for Level for Level basic. The Technical Panel will not award feature 3) Use of body movements for at least 1/3 of the pattern and Feature 4) Two combinations of 3 difficult turns on different feet.

## Additional Information

- The Program Components are only judged in: Composition, Presentation and Skating Skills. The factor for components is 1.67.

- In all elements, which are subject to Levels, only features up to Level 2 will be counted. All additional features will not count for Level requirements and will be ignored by the Technical Panel.

- Evaluation is in accordance with [ISU Communication No.2701](#) (or any update).

- No jump with the same name can be executed more than twice including Axel type jumps.

- Time violation: 0.5 point deduction for up to every 5 seconds in excess.

Interruption of performance will be deducted as follows:

more than 10 sec. up to 20 sec. – 0.5 point

more than 20 sec. up to 30 sec. – 1.0 point

more than 30 sec. up to 40 sec. – 1.5 point

- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.

- Falls: 0.5 point deduction per fall outside the element. Falls in elements will be called by the Technical Panel but with no deduction(s).



- There will be no special factor of 1.1 for jump elements performed in the second half of the program.
- Skater's outlook (costume, makeup) and program music selection must be appropriate to the skater's age and competitive environment of the sport.
- Warm-up time is 4 minutes and there can be up to 8 skaters in a warm-up group.

### **Chicks A Boys / Girls**

[Estonian \(EUL\) technical requirements for season 2025/2026.](#)

**Free Skating only. Duration: 2 min. +/- 10 sec.**

**Age Restrictions: Born in 2017 or 2018**

A well-balanced Free Skating program must contain: 7 elements in total

#### **1. maximum four (4) jump elements:**

- 1.1 One (1) Axel type jump
- 1.2 Maximum two (2) jump combinations or one jump combination and one jump sequence. Combinations and sequences may consist of only two (2) jumps. In a jump sequence, the second jump must be an Axel type jump.

**2. maximum 2 spins** of different nature (minimum of four (4) revolutions). If with change of foot, only one level feature per foot is counted.

**3. one (1) Step Sequence** covering the full ice surface, with at least one skating movement such as spiral, spread eagle, Ina Bauer, hydroblading etc. If the skating movement is missing, no Level will be given. At least 2 difficult turns and steps must be executed on clean edges for Level basic. The Technical Panel will not award feature 3) Use of body movements for at least 1/3 of the pattern and Feature 4) Two combinations of 3 difficult turns on different feet.

#### **Additional Information**

- The Program Components are only judged in: Composition, Presentation and Skating Skills. The factor for components is 1.67.
- In all elements, which are subject to Levels, only features up to Level 2 will be counted. All additional features will not count for Level requirements and will be ignored by the Technical Panel.
- Evaluation is in accordance with [ISU Communication No.2701](#) (or any update). No jump with the same name can be executed more than twice including Axel type jumps.
- Time violation: 0.5 point deduction for up to every 5 seconds in excess.

Interruption of performance will be deducted as follows:

more than 10 sec. up to 20 sec. – 0.5 point

more than 20 sec. up to 30 sec. – 1.0 point

more than 30 sec. up to 40 sec. – 1.5 point

- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.

- Falls: 0.5 point deduction per fall outside the element. Falls in elements will be called by the Technical Panel but with no deduction(s).

- There will be no special factor of 1.1 for jump elements performed in the second half of the program.

- Skater's outlook (costume, makeup) and program music selection must be appropriate to the skater's age and competitive environment of the sport.

- Warm-up time is 4 minutes and there can be up to 8 skaters in a warm-up group.



## **Pre-Chicks A Boys / Girls**

[Estonian \(EUL\) technical requirements for season 2025/2026.](#)

**Free Skating only. Duration: 2 min. +/- 10 sec.**

**Age Restrictions: Born in 2019 or later**

A well-balanced Free Skating program must contain: 7 elements in total

**1. maximum four (4) jump elements**, of which maximum two (2) jump combinations or one jump combination and one jump sequence. Combinations and sequences may consist of only two (2) jumps. In a jump sequence, the second jump must be an Axel type jump.

**2. maximum two (2) spins** of different nature.

**3. one (1) Choreographic Sequence** consisting of at least two different skating movements.

### **Additional Information**

- The Program Components are only judged in: Composition, Presentation and Skating Skills. The factor for components is 1.67.
- In all elements, which are subject to Levels, only features up to Level 2 will be counted. All additional features will not count for Level requirements and will be ignored by the Technical Panel.
- Evaluation is in accordance with [ISU Communication No.2701](#) (or any update).
- No jump with the same name can be executed more than twice including Axel type jumps.
- Time violation: 0.5 point deduction for up to every 5 seconds in excess.

Interruption of performance will be deducted as follows:

- more than 10 sec. up to 20 sec. – 0.5 point
- more than 20 sec. up to 30 sec. – 1.0 point
- more than 30 sec. up to 40 sec. – 1.5 point

- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.

- Falls: 0.5 point deduction per fall outside the element. Falls in elements will be called by the Technical Panel but with no deduction(s).
- There will be no special factor of 1.1 for jump elements performed in the second half of the program.
- Skater's outlook (costume, makeup) and program music selection must be appropriate to the skater's age and competitive environment of the sport.
- Warm-up time is 4 minutes and there can be up to 8 skaters in a warm-up group.

## **Single Skating B class**

### **Junior B Men/Women**

[Estonian \(EUL\) technical requirements for season 2024/2025](#)

**Free Skating only. Duration: 3 min. +/- 10 sec.**

**Born between 01.07.2006 - 30.06.2012**

A well-balanced Free Skating program must contain: 9 elements in total

**1. maximum five (5) jump elements:**

1.1 One (1) Axel type jump

1.2 Maximum two (2) jump combinations or one jump combination and one jump sequence. Combinations and sequences may consist of only two (2) jumps. In a jump sequence, the second jump must be an Axel-type jump.

1.3 2A (Double Axel) and triple (3X) jumps are not allowed  
 1.4 No jump with the same name can be executed more than twice including Axel type jumps.

**2. maximum three (3) spins of different nature:**

2.1 One (1) spin combination with a change of foot or without change of foot (minimum of ten (10) revolutions in total).  
 2.2 One (1) flying spin (minimum of six (6) revolutions).  
 2.3 One (1) spin is optional (minimum of six (6) revolutions).

**3. one (1) Choreographic Sequence** consisting of at least two different skating movements.

**Additional Information**

- The Program Components are only judged in: Composition, Presentation and Skating Skills. The factor for components is 2.40 for Men and 2.13 for Women.
- In all elements, which are subject to Levels, only features up to Level 2 will be counted. All additional features will not count for Level requirements and will be ignored by the Technical Panel
- Evaluation is in accordance with [ISU Communication No.2701](#) (or any update).
- There will be no special factor of 1.1 for jump elements performed in the second half of the program.
- Warm-up time is 5 minutes and there can be up to 8 skaters in a warm-up group.

**Novice B**

[Estonian \(EUL\) technical requirements for season 2024/2025](#)

**Free Skating only. Duration: 3 min. +/- 10 sec.**

**Age Restrictions: Born after 01.07.2009**

A well-balanced Free Skating program must contain: 8 elements in total

**1. maximum five (5) jump elements:**

1.1 One (1) Axel type jump  
 1.2 Maximum two (2) jump combinations or one jump combination and one jump sequence. Combinations and sequences may consist of only two (2) jumps. In a jump sequence, the second jump must be an Axel type jump.  
 1.3 2A (Double Axel) and triple (3X) jumps are not allowed.  
 1.4 No jump with the same name can be executed more than twice including Axel type jumps.

**2. maximum two (2) spins of different nature:**

2.1 One (1) spin combination with a change of foot (minimum of eight (8) revolutions) or without change of foot (minimum of six (6) revolutions). If with change of foot, only one level feature per foot will count. Flying entry is allowed.  
 2.2 Spin in one position without change of foot must have a minimum of six (6) revolutions, must be done in a basic position and will be called maximum level basic. No level features are allowed. Flying entry is not allowed.

**3. one (1) Choreographic Sequence** consisting of at least two skating movements.

**Additional Information**

- The Program Components are only judged in: Composition, Presentation and Skating Skills. The factor for components is 2.40 for Men and 2.13 for Women.
- In all elements, which are subject to Levels, only features up to Level 2 will be counted. All additional features will not count for Level requirements and will be ignored by the Technical Panel.

- Evaluation is in accordance with [ISU Communication No.2701](#) (or any update).
- Time violation: 0.5 point deduction for up to every 5 seconds in excess.
- Interruption of performance will be deducted as follows:  
more than 10 sec. up to 20 sec. – 0.5 point  
more than 20 sec. up to 30 sec. – 1.0 point  
more than 30 sec. up to 40 sec. – 1.5 points
- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.
- Falls: 0.5 point deduction per fall outside the element. Falls in elements will be called by the Technical Panel but with no deduction(s).
- There will be no special factor of 1.1 for jump elements performed in the second half of the program.
- Skater's outlook (costume, makeup) and program music selection must be appropriate to the skater's age and competitive environment of the sport.
- Warm-up time is 4 minutes and there can be up to 8 skaters in a warm-up group.

## Springs B

### [\(EUL\) technical requirements for season 2024/2025](#)

**Free Skating only. Duration: 2 min. 30 sec +/- 10 sec.**

**Age Restrictions: Born in 2013 or 2014**

A well-balanced Free Skating program must contain: 7 elements in total

#### **1. maximum of four (4) jump elements:**

- 1.1. one of which must be an Axel-type jump
- 1.2. maximum of two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump in to the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.
- 1.3. maximum of two (2) different double jumps are permitted (2S, 2T or 2Lo).
- 1.4. 2F, 2Lz and 2A are not allowed.
- 1.5. triple jumps (3x) are not allowed

#### **2. maximum of two (2) spins of a different nature:**

- 2.1 One (1) spin combination with a change of foot (minimum of eight (8) revolutions) or without a change of foot (minimum of six (6) revolutions). If with change of foot, only one level feature per foot will count. Flying Entry is allowed.
- 2.2 Spin in one position without change of foot must have a minimum of six (6) revolutions, must be done in a basic position without any difficult variation positions and will be called maximum level basic. Flying entry is not allowed. No level features are allowed.

#### **3. one (1) Choreographic Sequence** consisting of at least two (2) different skating movements.

#### **Additional Information:**

- The Program Components are only judged in: Composition, Presentation and Skating Skills.
- The Program Components are evaluated in accordance with [ISU Communication No. 2701](#) (or any update) and have the factor of 1.67.
- In all elements, which are subject to Levels, only features up to Level 1 will be counted. All additional features will not count for Level requirements and will be ignored by the Technical Panel.
- Any single or double jump (including 1A) may be executed only twice (2).

- Evaluation is in accordance with ISU Communication No.2623 (or any update).
- Time violation: 0.5 point deduction for up to every 5 seconds in excess.
- Interruption of performance will be deducted as follows:
  - more than 10 sec. up to 20 sec. – 0.5 point
  - more than 20 sec. up to 30 sec. – 1.0 point
  - more than 30 sec. up to 40 sec. – 1.5 points
- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.
- Falls: 0.5 point deduction per fall.
- There will be no special factor of 1.1 for jump elements performed in the second half of the program.
- Skater's outlook (costume, makeup) and program music selection must be appropriate to the skater's age and competitive environment of the sport.
- Warm-up time is 4 minutes and there can be up to 10 skaters in a warm-up group.

### **Cubs B**

#### [Estonian \(EUL\) technical requirements for season 2024/2025](#)

**Free Skating only. Duration: 2 min. 30 sec +/- 10 sec.**

**Age Restrictions: Born in 2015 or 2016.**

A well-balanced Free Skating program must contain: 7 elements in total

#### **1. maximum of four (4) jump elements:**

- 1.1. One of which must be an Axel-type jump.
- 1.2. Maximum of two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.
- 1.3. 1A and one (1) double jump are permitted and cannot be included more than two (2) times in total.
- 1.4. 2F and 2Lz are not allowed.
- 1.5. Triple jumps (3x) are not allowed.

#### **2. maximum of two (2) spins of a different nature:**

- 2.1 one (1) spin combination with a change of foot (minimum three (8) revolutions in total) or without change of foot (min. six (6) revolutions in total). Flying Entry is not allowed.
- 2.2 one (1) spin in one position and with a change of foot (minimum three (8) revolutions in total) or without a change of foot (min. six (6) revolutions in total). Flying Entry is allowed.

#### **3. one (1) step sequence** fully utilizing the ice surface and including at least one skating movement such as a spiral, spread eagle, Ina Bauer, hydroblading etc. If the skating movement is missing, no Level will be given. At least 2 difficult turns and steps must be executed on clean edges for Level basic. The Technical Panel will not award Feature 3) Use of body movements for at least 1/3 of the pattern and Feature 4) Two combinations of 3 difficult turns on different feet.

#### **Additional Information:**

- The Program Components are only judged in: Composition, Presentation and Skating Skills.
- The Program Components are evaluated in accordance with [ISU Communication No. 2701](#) (or any update) and have the factor of 1.67.
- In all elements, which are subject to Levels, only features up to Level 1 will be counted. All additional features will not count for Level requirements and will be ignored by the Technical Panel.



- Any single or double jump (including 1A) may be executed only twice (2).
- Evaluation is in accordance with ISU Communication No.2623 (or any update).
- Time violation: 0.5 point deduction for up to every 5 seconds in excess.
- Interruption of performance will be deducted as follows:
  - more than 10 sec. up to 20 sec. – 0.5 point
  - more than 20 sec. up to 30 sec. – 1.0 point
  - more than 30 sec. up to 40 sec. – 1.5 points
- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.
- Falls: 0.5 point deduction per fall.
- There will be no special factor of 1.1 for jump elements performed in the second half of the program.
- Skater's outlook (costume, makeup) and program music selection must be appropriate to the skater's age and competitive environment of the sport.
- Warm-up time is 4 minutes and there can be up to 10 skaters in a warm-up group.

### **Chicks B**

#### Estonian (EUL) technical requirements for season 2024/2025

**Free Skating only. Duration: 2 min. +/- 10 sec.**

**Age Restrictions: Born in 2017 or 2018**

A well-balanced Free Skating program must contain: 7 elements in total

#### **1. maximum of four (4) jump elements:**

- 1.1. single Axel (1A) and double jumps (2x) are not permitted.
- 1.2. maximum of two (2) jump combinations:
  - 1.2.1. A jump combination can contain only two (2) jumps.
  - 1.2.2. A jump sequence is not allowed.

#### **2. maximum of two (2) spins of a different nature:**

- 2.1 one (1) spin in one position without change of foot.
- 2.2 one (1) spin is optional

#### **3. one (1) Choreographic Sequence** consisting of at least two (2) different skating movements.

#### **Additional Information:**

- The Program Components are only judged in: Composition, Presentation and Skating Skills.
- The Program Components are evaluated in accordance with [ISU Communication No. 2701](#) (or any update) and have the factor of 1.67.
- The level of spins and step sequence cannot be higher than Base.
- No jump with the same name can be executed more than twice including Axel type jumps.
- Time violation: 0.5 point deduction for up to every 5 seconds in excess.
- Interruption of performance will be deducted as follows:
  - more than 10 sec. up to 20 sec. – 0.5 point
  - more than 20 sec. up to 30 sec. – 1.0 point
  - more than 30 sec. up to 40 sec. – 1.5 points
- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.
- Falls: 0.5 point deduction per fall.
- There will be no special factor of 1.1 for jump elements performed in the second half of the program.



- Skater's outlook (costume, makeup) and program music selection must be appropriate to the skater's age and competitive environment of the sport.
- Warm-up time is 4 minutes and there can be up to 10 skaters in a warm-up group.

### **Pre-Chicks B**

Estonian (EUL) technical requirements for season 2024/2025

**Free Skating only. Duration: 2 min. +/- 10 sec**

**Age Restrictions: Born in 2019 or later. Duration: 2 min. +/- 10 sec.**

A well-balanced Free Skating program must contain: 7 elements in total

#### **1. maximum of four (4) jump elements:**

- 1.1. 1A, 1Lz, 1F and double (2) jumps are not permitted.
- 1.2. maximum of two (2) jump combinations:
  - 1.2.1. A jump combination can contain only two (2) jumps.
  - 1.2.2. A jump sequence is not allowed.

#### **2. maximum of two (2) spins of a different nature.**

#### **3. one (1) Choreographic Sequence** consisting of at least two (2) different skating movements.

#### **Additional Information:**

- The Program Components are only judged in: Composition, Presentation, Skating Skills
- The Program Components are evaluated in accordance with [ISU Communication No. 2701](#) (or any update) and have the factor of 1.67.
- The level of spins and step sequence cannot be higher than Base.
- No jump with the same name can be executed more than twice including Axel type jumps.
- Time violation: 0.5 point deduction for up to every 5 seconds in excess.
- Interruption of performance will be deducted as follows:
  - more than 10 sec. up to 20 sec. – 0.5 point
  - more than 20 sec. up to 30 sec. – 1.0 point
  - more than 30 sec. up to 40 sec. – 1.5 points
- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.
- Falls: 0.5 point deduction per fall.
- There will be no special factor of 1.1 for jump elements performed in the second half of the program.
- Skater's outlook (costume, makeup) and program music selection must be appropriate to the skater's age and competitive environment of the sport.
- Warm-up time is 4 minutes and there can be up to 10 skaters in a warm-up group

## **Amateur Skating**

### **Young 2005-2010**

[Estonian \(EUL\) technical requirements for season 2024/2025](#)

**Free Skating only. Duration: 2 min. 30 sec +/- 10 sec.**

**Age Restrictions: Born from 2005 to 2010**

A well-balanced Free Skating program must contain: 8 elements in total



### **1. maximum of five (5) jump elements:**

- 1.1. Maximum of one (1) Axel type jump and one (1) double jump are allowed.
- 1.2. Any jump with the same name may be executed only twice (2).
- 1.3. Maximum three (3) jump combinations or two (2) jump combinations and one (1) jump sequence: Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump in to the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

### **2. maximum of two (2) spins of a different nature:**

Spins with change of foot must have a minimum of three (3) revolutions on each foot. Spins without change of foot must have at least four (4) revolutions.

### **3. one (1) Choreographic Sequence** consisting of at least two (2) different skating movements.

#### **Additional Information:**

- The Program Components are only judged in Composition, Presentation and Skating Skills
- The Program Components are evaluated in accordance with [ISU Communication No. 2701](#) (or any update) and have the factor of 2.0 for Boys and 1.7 for Girls.
- The level of spins and step sequence cannot be higher than Base.
- No jump with the same name can be executed more than twice including Axel type jumps.
- Time violation: 0.5 point deduction for up to every 5 seconds in excess.
- Interruption of performance will be deducted as follows:
  - more than 10 sec. up to 20 sec. – 0.5 point
  - more than 20 sec. up to 30 sec. – 1.0 point
  - more than 30 sec. up to 40 sec. – 1.5 points
- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.
- Falls: 0.5 point deduction per fall.
- There will be no special factor of 1.1 for jump elements performed in the second half of the program.
- Skater's outlook (costume, makeup) and program music selection must be appropriate to the skater's age and competitive environment of the sport.
- Warm-up time is 4 minutes and there can be up to 10 skaters in a warm-up group

#### **Young 2011/2012**

#### [\*\*Estonian \(EUL\) technical requirements for season 2024/2025\*\*](#)

**Free Skating only. Duration: 2 min. 30 sec +/- 10 sec.**

**Age Restrictions: Born in 2011 or 2012**

A well-balanced Free Skating program must contain: 8 elements in total

### **1. maximum of five (5) jump elements:**

- 1.1. maximum of one (1) Axel type jump and one (1) double jump are allowed.
- 1.2. any jump with the same name may be executed only twice (2).
- 1.3. maximum three (3) jump combinations or two (2) jump combinations and one (1) jump sequence: Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump in to the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

of the first jump in to the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

**2. maximum of two (2) spins of a different nature:**

Spins with change of foot must have a minimum of three (3) revolutions on each foot. Spins without change of foot must have at least four (4) revolutions.

**3. one (1) Choreographic Sequence** consisting of at least two (2) different skating movements.

**Additional Information:**

- The Program Components are only judged in Composition, Presentation and Skating Skills
- The Program Components are evaluated in accordance with [ISU Communication No. 2701](#) (or any update) and have the factor of 2.0 for Boys and 1.7 for Girls.
- The level of spins and step sequence cannot be higher than Base.
- No jump with the same name can be executed more than twice including Axel type jumps.
- Time violation: 0.5 point deduction for up to every 5 seconds in excess.
- Interruption of performance will be deducted as follows:
  - more than 10 sec. up to 20 sec. – 0.5 point
  - more than 20 sec. up to 30 sec. – 1.0 point
  - more than 30 sec. up to 40 sec. – 1.5 points
- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.
- Falls: 0.5 point deduction per fall.
- There will be no special factor of 1.1 for jump elements performed in the second half of the program.
- Skater's outlook (costume, makeup) and program music selection must be appropriate to the skater's age and competitive environment of the sport.
- Warm-up time is 4 minutes and there can be up to 10 skaters in a warm-up group

**Pre-Young 2013/2014**

[Estonian \(EUL\) technical requirements for season 2024/2025](#)

**Free Skating only. Duration: 2 min. +/- 10 sec.**

**Age Restrictions: Born in 2013 or 2014.**

A well-balanced Free Skating program must contain: 7 elements in total

**1. maximum of four (4) jump elements:**

- 1.1. Single Axel (1A) and double jumps are not permitted.
- 1.2. any jump with the same name may be executed only twice (2).
- 1.3. maximum two (2) jump combinations:
  - 1.3.1. A jump combination can contain only two (2) jumps.
  - 1.3.2. A jump sequence is not allowed.

**2. maximum of two (2) spins of a different nature:**

Spins with change of foot must have a minimum of three (3) revolutions on each foot. Spins without change of foot must have at least four (4) revolutions.

**3. one (1) Choreographic Sequence** consisting of at least two (2) different skating movements.

**Additional Information:**

- The Program Components are only judged in Composition, Presentation and Skating Skills

- The Program Components are evaluated in accordance with [ISU Communication No. 2701](#) (or any update) and have the factor of 2.0 for Boys and 1.7 for Girls.
- The level of spins and step sequence cannot be higher than Base.
- No jump with the same name can be executed more than twice including Axel type jumps.
- Time violation: 0.5 point deduction for up to every 5 seconds in excess.
- Interruption of performance will be deducted as follows:
  - more than 10 sec. up to 20 sec. – 0.5 point
  - more than 20 sec. up to 30 sec. – 1.0 point
  - more than 30 sec. up to 40 sec. – 1.5 points
- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.
- Falls: 0.5 point deduction per fall.
- There will be no special factor of 1.1 for jump elements performed in the second half of the program.
- Skater's outlook (costume, makeup) and program music selection must be appropriate to the skater's age and competitive environment of the sport.
- Warm-up time is 4 minutes and there can be up to 10 skaters in a warm-up group

### **Pre-Young 2015 and younger**

#### [Estonian \(EUL\) technical requirements for season 2024/2025](#)

**Free Skating only. Duration: 2 min. +/- 10 sec.**

**Age Restrictions: Born in 2015 or later**

A well-balanced Free Skating program must contain: 7 elements in total

1. maximum of four (4) jump elements:
  - 1.1. Single Axel and double jumps are not permitted.
  - 1.2. any jump with the same name may be executed only twice (2).
- 1.3. maximum two (2) jump combinations:
  - 1.3.1. A jump combination can contain only two (2) jumps.
  - 1.3.2. A jump sequence is not allowed.

#### **2. maximum of two (2) spins of a different nature:**

Spins with change of foot must have a minimum of three (3) revolutions on each foot. Spins without change of foot must have at least four (4) revolutions.

3. one (1) Choreographic Sequence consisting of at least two (2) different skating movements.

#### **Additional Information:**

- The Program Components are only judged in Composition, Presentation and Skating Skills
- The Program Components are evaluated in accordance with [ISU Communication No. 2701](#) (or any update) and have the factor of 2.0 for Boys and 1.7 for Girls.
- The level of spins and step sequence cannot be higher than Base.
- No jump with the same name can be executed more than twice including Axel type jumps.
- Time violation: 0.5 point deduction for up to every 5 seconds in excess.
- Interruption of performance will be deducted as follows:
  - more than 10 sec. up to 20 sec. – 0.5 point
  - more than 20 sec. up to 30 sec. – 1.0 point
  - more than 30 sec. up to 40 sec. – 1.5 points
- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.

- Falls: 0.5 point deduction per fall.
- There will be no special factor of 1.1 for jump elements performed in the second half of the program.
- Skater's outlook (costume, makeup) and program music selection must be appropriate to the skater's age and competitive environment of the sport.
- Warm-up time is 4 minutes and there can be up to 10 skaters in a warm-up group

### **Chicks C Boys/Girls**

Estonian (EUL) technical requirements for season 2024/2025

**Free Skating only. Duration: 2 min. +/- 10 sec.**

**Age Restrictions: Born in 2017 or later**

A well-balanced Free Skating program must contain: 7 elements in total

#### **1. maximum four (4) jump elements:**

- 1.1 Waltz (1Wz) jump is allowed and has BV of 0.2
- 1.2 1A, 1F, 1Lz and double jumps are not allowed.

#### **1.3 maximum of two (2) jump combinations:**

- 1.3.1 a jump combination can consist of only two (2) jumps.
- 1.3.2 a jump sequence is not allowed.

#### **2. maximum of two (2) spins of a different nature (different abbreviation).**

#### **3. one (1) Choreographic Sequence** consisting of at least two (2) different skating movements.

### **Additional Information**

- The Program Components are only judged in: Presentation and Skating Skills. The factor for components is 1.5.
- In all elements, which are subject to Levels, only features up to Level Base will be counted. All additional features will not count for Level requirements and will be ignored by the Technical Panel.
- Evaluation is in accordance with ISU Communication No.2701 (or any update).
- No jump with the same name can be executed more than twice including Axel type jumps.
- Interruption of performance will be deducted as follows:
  - more than 10 sec. up to 20 sec. – 0.5 point
  - more than 20 sec. up to 30 sec. – 1.0 point
  - more than 30 sec. up to 40 sec. – 1.5 point
- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.
- Falls: 0.25 point deduction per fall outside the element. Falls in elements will be called by the Technical Panel but with no deduction(s).
- There will be no special factor of 1.1 for jump elements performed in the second half of the program.
- Skater's outlook (costume, makeup) and program music selection must be appropriate to the skater's age and competitive environment of the sport.
- Warm-up time is 3 minutes and there can be up to 10 skaters in a warm-up group.



## Pre-Chicks C Boys/Girls

Estonian (EUL) technical requirements for season 2024/2025

**Free Skating only. Duration: 2 min. +/- 10 sec.**

**Age Restrictions: Born in 2018 or later**

A well-balanced Free Skating program must contain: 7 elements in total

### **1. maximum four (4) jump elements:**

1.1 Waltz (1Wz) jump is allowed and has BV of 0.2

1.2 1A, 1F, 1Lz and double jumps are not allowed.

1.3 maximum of two (2) jump combinations:

1.3.1 a jump combination can consist of only two (2) jumps.

1.3.2 a jump sequence is not allowed.

**2. maximum of two (2) spins of a different nature (different abbreviation).**

**3. one (1) Choreographic Sequence** consisting of at least two (2) different skating movements.

### **Additional Information**

- The Program Components are only judged in: Presentation and Skating Skills. The factor for components is 1.5.

- In all elements, which are subject to Levels, only features up to Level Base will be counted. All additional features will not count for Level requirements and will be ignored by the Technical Panel.

- Evaluation is in accordance with ISU Communication No.2701 (or any update).

- No jump with the same name can be executed more than twice including Axel type jumps.

- Interruption of performance will be deducted as follows:

more than 10 sec. up to 20 sec. – 0.5 point

more than 20 sec. up to 30 sec. – 1.0 point

more than 30 sec. up to 40 sec. – 1.5 point

- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.

- Falls: 0.25 point deduction per fall outside the element. Falls in elements will be called by the Technical Panel but with no deduction(s).

- There will be no special factor of 1.1 for jump elements performed in the second half of the program.

- Skater's outlook (costume, makeup) and program music selection must be appropriate to the skater's age and competitive environment of the sport.

- Warm-up time is 3 minutes and there can be up to 10 skaters in a warm-up group.

## **Artistic Skating (any age)**

Free Skating only. Duration: 1 min. 30 sec +/- 10 sec.

1. any steps and figure skating movements.

2. any jump elements.

3. any spins.

Artistic Free Skating no judging, all the skaters get 1st place

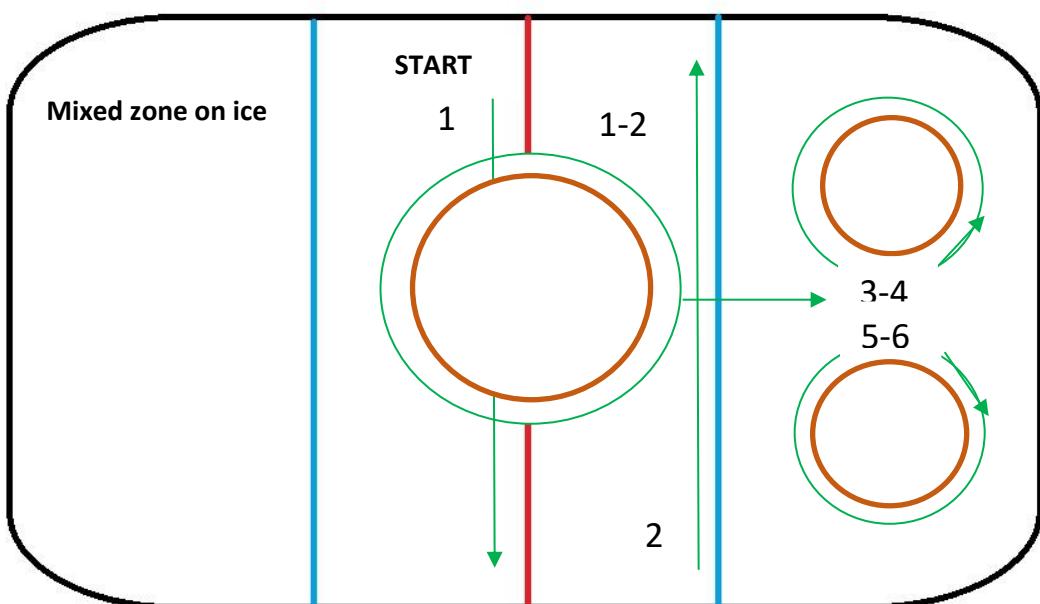
## Beginners A and B (competition with elements Boys and Girls)

### Beginners A

2020 and younger, 2018/2019; 2016/2017; 2014/2015; 2012/2013; 2010/2011

1. Min. 4 outside forward edges + Basic stroking forward + \*classic spiral on the circle on outside edge (min 3 sec)
2. Min. 4 inside forward edges + Basic stroking forward + \*classic spiral on the circle on inside edge (min 3 sec)
3. Basic stroking forward + 3-4 Crossovers forward (counterclockwise) + \* 4-5 Mohawks inside forward - inside backward.
4. 3-4 Crossovers backward (counterclockwise) + Waltz three turn + \*Waltz jump (two repetitions)
5. 3-4 Crossovers forward (clockwise) + \* 4-5 Mohawks inside forward-inside backward
6. 3-4 Crossovers backward (clockwise) + USp min 3 revolutions (\*with crossed feet)

Recommended pattern for Beginners A category:

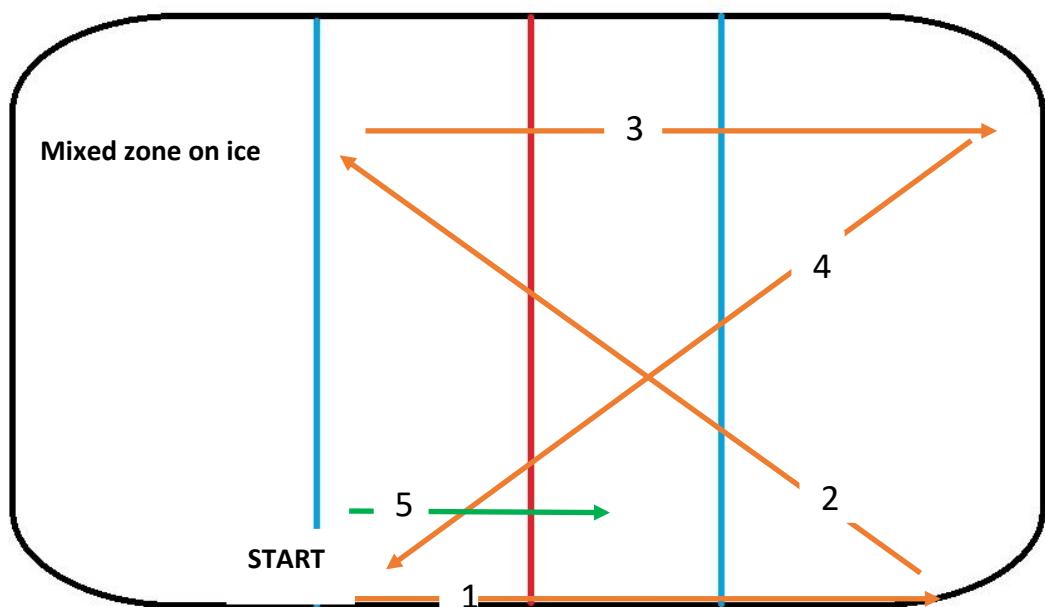


### Beginners B

2019 and younger, 2017/2018; 2015/2016; 2013/2014; 2011/2012; 2009/2010

1. Basic stroking forward + 5 swizzles forward +  $\frac{1}{2}$  turn jump + 5 swizzles back
2. Basic stroking forward + bunny hop 3X + \*lunge forward (min 3 sec)
3. Basic stroking forward + stork/\*classic spiral (min 3 sec)
4. Basic stroking forward + dip/\*pistol squat (min 3 sec)
5. Basic stroking forward + stop + pivot + \*one/two-foot spin. Exit

**Recommended pattern for Beginners B category:**



**Additional information:**

1. Each elements combination will be named as StSq and will have a number from 1 to 5. Base value of each StSqB is 1,5. If combination contains element marked with a „\*“ value will be 1,8 and elements combination will be named as StSq1. All elements will be judged by judges using GOE (-5, -4, -3, -2, -1, 0, +1, +2, +3, +4, +5).
2. There will be not any deduction. But if in the combination elements without a „\*“ are not done or done less times/seconds than prescribed GOE can't be higher than „-5“.
3. For Beginner B program components will have Skating Skills only. For categories Beginners A program components will have Skating Skills (Factor 1,6).
4. Coach can be near competitor on ice during competition (coach is not allowed to show an element during competition). Competitor starts combination from Start Position on the ice rink and should cover 2/3 of the ice rink. All elements should be followed immediately. Competitors have an opportunity to demonstrate one combination twice if it was not successful from the first attempt.
5. Warm-up is 4 minutes. Warm up groups are up to 10 skaters. After warm-up skaters can use the mixed zone. Background music will be provided by the organizer.

## CONTACT

Ms Jelena Derbneva (Organizer), e-mail: [wiru.cup@gmail.com](mailto:wiru.cup@gmail.com) Phone: +372 55611022